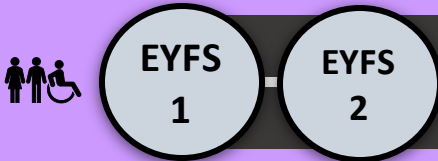


# Progression in PESSPA @ Southway Primary

## The Journey Starts

Target - All children to achieve a GLD by end of Reception. Identify interventions needed.



## Interventions to support in KS1

Children identified for additional support with gross & fine motor skills (enabling / accessing).

## Dance



Children will start to explore different cultures through dance.

## Competition

Children will be introduced to competition – intra / inter sportsday / school games.



## Competition Increases

Children will have opportunity for more sports & quality of competition increases to include county / regional finals.

## Community Clubs

Children will be encouraged to join local clubs – exit routes / sign-posting.



## OAA



Pupils in KS2 will have the opportunity to visit different environments for OAA including residential.

## Sports Specific Skills



Children will learn specific sports skills within lessons, applying them in different scenarios & related sports.

## Sailing



Children will have the opportunity for an experience of sailing in Y6.



## Fundamental Movement Skills

Will be developed over KS1.

## Swimming



Children will learn to swim in Years 3 & 4.



## The Body

Children will start to learn about their bodies.



## Hygiene

Children will learn about the importance of hygiene & well-being.



## Health

Children will learn about the importance of healthy eating, sleep & well-being.

Year 4

Year 3

Year 5

Year 6



## KS2 Games

Will explore transferable skills, knowledge & understanding.



## Leadership

Children will have opportunity for sports leadership.



## Swimming

All pupils will be able to swim 25 m Interventions to support those who cannot in Y6 top up swim.



## Strategies, Tactics, Rules, Roles

Children will develop greater understanding of strategies, tactics & rules for sports. They will take on different roles (e.g. umpire, coach).



## End of KS2

Children will leave with a love of PE, physical activity & sport. At high school they will engage in opportunities, clubs, teams. They will choose GCSE PE, sports leadership & active, healthy lifestyles.